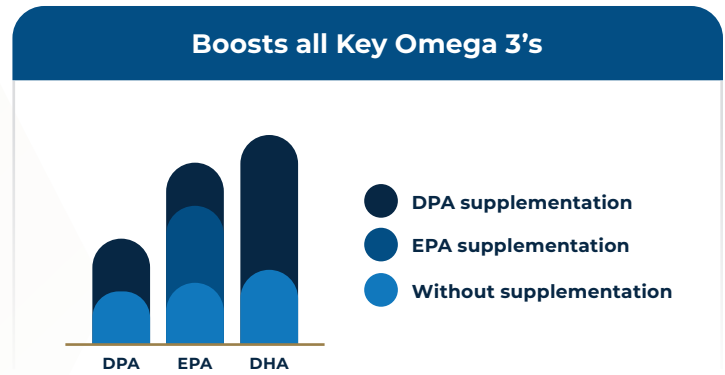





### Seal oil and the power of DPA

Seal oil contains both DHA and EPA and is one of the only sources of naturally occurring DPA, a powerful Omega 3 found in breast milk, suggesting a critical role in human development.

DPA provides powerful health benefits and intensifies the positive effects EPA and DHA have on the body. DPA is ten times more effective than EPA and boosts overall Omega 3 levels.



- Joint Health 
- Mental & Cognitive Health 
- Cardiovascular Health 
- Fetal & Infant Development 

## Harp Seal Oil

*A superior source of Omega 3*

**They're called essential fatty acids because your body needs them.**

There are four types of Omega 3 polyunsaturated fatty acids (PUFAs), DHA, EPA, DPA, and ALA (plant-based). Human bodies don't naturally synthesize Omega 3 so we need to get them from outside sources. Sourced from the icy waters of the North Atlantic, seal oil is rich in essential Omega 3 fatty acids.



Sustainable



Proudly Canadian



Naturally Sourced

## A complete source of Omega 3 providing powerful health benefits.

Seal oil contains EPA, DHA, and DPA. Together, these Omega 3's are instrumental in the prevention of heart disease, cardiovascular disease, hypertension, inflammatory diseases such as Rheumatoid arthritis and Crohn's disease, as well as depression, cancers, and a number of skin diseases.



## Seal oil versus fish or plant-based oils

Seal oil is a superior source of Omega 3 fatty acids. A smaller amount of seal oil is equally or more effective over fish and plant-based oils and, because of its mammalian molecular structure, seal oil is more easily absorbed by our bodies. This means greater health benefits and no fishy burps!

## Carino's trusted process and certified facilities

Carino Omega 3 oil is produced to the highest standards in the world, and our supplements are tested for purity, safety, and levels of DHA, DPA, and EPA. Our advanced refining process purifies the oil by removing environmental toxins and impurities without altering the properties of the seal oil itself. This means you get a 100% natural, fresh, pure, healthy product.



Health  
Canada



The Canadian Food Inspection Agency (CFIA) and/or Health Canada certify all facilities used in the production chain. Carino Omega 3 oil meets or exceeds all Canadian and World Health Organization (WHO) standards. Carino Omega 3 is produced with Good Manufacturing Practices.



## Carino Omega 3

Available in 500 mg clear soft gel capsules

Current unit and case sizes include:

- 120 Capsule Unit - 12 & 36 Unit Case Size
- 240 Capsule Unit - 36 Unit Case Size

Available upon request and commitment:

- Private labelling
- Alternate packaging, unit or case sizes
- 1000 mg capsules

### Nutritional Information/Nutritionelle

Per/Par 500 mg

Omega 3 PUFA/Omega 3 AGPI	115 mg
EPA (Eicosapentaenoic Acid)	34 mg
DHA (Docosahexaenoic Acid)	45 mg
DPA (Docosapentaenoic Acid)	20 mg
Omega 9/Oméga 9	140 mg